

Saint Dunstan Knights

Weekly Athletics Newsletter

September 30, 2009



This Week's Announcements

- ❖ Congratulations to our 6th, 7th, and 8th grade volleyball teams on the exciting volleyball played against some very good teams over the last three weekends at the BSC Peninsula Volleyball Challenge.
- ❖ Our Volleyball and Baseball seasons are about halfway done. We have about 3-4 weeks to go before playoffs (6th-8th grades only). Some of our teams are doing very well, others not as well, but everyone is playing with a lot of heart making for a very exciting show.
- ❖ It is important that we remind ourselves of the reason why most kids joined sports; which is, a) to have fun, b) to make new friends, and c) to learn new skills. Please keep this in the proper perspective. And that it's okay to make mistakes, it's part of becoming better by learning from them. Lastly, in the context of effort, children should not be compared to other children as each one is born with different abilities. You should measure them against their best self. Read up on these and other positive coaching reminders in the Positive Coaching Alliance website.
- ❖ Please try not to be late for practices or games. If you cannot make it, or are running late, please let your coach know. If need be, do not hesitate to make carpool arrangements with fellow team parents. We're all in this together. If you have prior commitments and cannot attend a scheduled game, please let your coach know as far in advance as possible. Players who miss more than half of the scheduled games are not permitted to compete in playoffs.
- ❖ Sports picture taking for Volleyball and Baseball starts this Wednesday at 6:10pm on September 30 at the Parish Center. Bring your check payment and order form with you. All children should wear full sport uniform. Coaches and Assistant Coaches are to come. Schedule is provided below (please do not be late):
 - 6:10-6:20 4th Grade Baseball
 - 6:20-6:30 5th Grade Baseball
 - 6:30-6:40 6th Grade Lions Volleyball
 - 6:40-6:50 6th Grade Eagles Volleyball
 - 7:00-7:10 4th Grade Volleyball - White
 - 7:10-7:20 4th Grade Volleyball - Green
 - 7:20-7:30 7th Grade JV Volleyball
 - 7:30-7:40 8th Grade Sharks Volleyball
 - 7:40-7:50 8th Grade Varsity Volleyball
 - 7:50-8:00 6th Grade Baseball
 - 8:00-8:10 5th Grade Cubs Volleyball
 - 8:10-8:20 5th Grade Lions Volleyball
 - 8:20-8:30 7th Grade Baseball
 - 8:30-8:40 8th Grade Baseball
- ❖ Basketball season sign-ups will start beginning mid-October.
- ❖ The Athletic Board will be meeting this Thursday, October 1 at 7pm. All commissioners must attend.
- ❖ The Athletic Board is looking for volunteers to staff Centerplate on the Sunday of Thanksgiving and Christmas. Please let us know if you are available to help.

This Week's Schedule

Volleyball

Division	Schedule				
	Date	Time	Location	Home Team	Visitor
Varsity	Saturday 10/3	5:30pm	OLA	OLA	St. Dunstan
Sharks -8	Saturday 10/3	4:30pm	OLA	OLA	St. Dunstan
Junior Varsity	Thursday 10/1	7:00pm	Terrabay	All Souls	St. Dunstan
	Saturday 10/3	3:30pm	OLA	OLA	St. Dunstan
Eagles	Saturday 10/3	1:30pm	OLA	OLA	St. Dunstan
Lions - 6	No game this week				
Cubs	Saturday 10/3	11:30am	OLA	OLA	St. Dunstan
Lions - 5	Saturday 10/3	10:30am	OLA	OLA	St. Dunstan
Training – White	Saturday 10/3	9:30am	OLA	OLA White	St. Dunstan
Training – Green	Saturday 10/3	8:30am	OLA	OLA Blue	St. Dunstan

Baseball

Division	Schedule				
	Date	Time	Location	Home Team	Visitor
Varsity	No game this week				
Junior Varsity	No game this week				
Eagles	Sunday 10/4	12:30pm	Taylor 2	St. Dunstan	OLA
Cubs	Sunday 10/4	2:45pm	Taylor 2	St. Dunstan	St. Veronica
Training	Sunday 10/4	12:30pm	Taylor 3	St. Dunstan	St. Gregory

Last Week's Results

Volleyball

Team	9/19 Result
Varsity	Lost to All Souls (19-25, 23-25)
Sharks -8	Lost to IHM (9-25, 22-25)
Junior Varsity	Defeated All Souls (25-6, 25-13)
Eagles	Defeated All Souls (25-16-, 25-15)
Lions - 6	Lost to IHM (16-25, 23-25)
Cubs	Defeated All Souls (25-23, 23-25, 15-10)
Lions - 5	Lost to St. Matts Blue (25-19, 16-25, 12-15)
Training - White	No scores kept
Training - Green	No scores kept

Baseball

Team	9/20 Result
Varsity	Scores not available.
Junior Varsity	Scores not available.
Eagles	Scores not available.
Cubs	Scores not available.
Training	Lost to St. Matts (4-8)

Volleyball North Standings

Standings current as of Tuesday, September 29.

<u>VARSITY</u>	<u>W</u>	<u>L</u>
ST MATTHEW	3	0
OLA	2	2
ALL SOULS	2	1
ST VERONICA	2	1
ST DUNSTAN	0	3
ST TIMOTHY	0	3
ST CATHERINE	1	1
ST ROBERT	1	0

SHARKS- 8 North

ST VERONICA	3	0
IHM	2	1
ST MATTS-BLUE	2	1
ST ROBERTS	1	1
OLA	0	3
ST DUNSTAN	0	3

JUNIOR VARSITY

ST MATTS	4	0
OLA	3	2
ST TIMOTHY	2	1
ST VERONICA	1	2
ST DUNSTAN	1	1
ALL SOULS	0	3
ST ROBERT	0	2

SHARKS - 7 North

OLA	3	1
ST MATTS-BLUE	2	0
ST VERONICA	1	3*
ST CATHERINE	1	2
ST TIMS	0	2

<u>EAGLES</u>	<u>W</u>	<u>L</u>
OLA	4	0
ST DUNSTAN	3	0
ST TIMOTHY	2	1
ST VERONICA	2	1
ALL SOULS	0	3
ST MATTS	0	3
ST CATHERINE	0	2
ST ROBERT	0	1

LIONS 6th North

ST VERONICA-GREEN	3	0
IHM	2	1
OLA	1	2
ST DUNSTAN	1	2
ST GREGS-MAROON	1	2
ST MATTHEW-BLUE	1	2

CUBS

OLA	4	0
ST DUNSTAN	2	1
ST MATTHEW	2	1
ST VERONICA	2	1
ST TIMS	1	2
ALL SOULS	0	3
ST CATHERINE	0	2
ST ROBERT	0	1

LIONS -5 North

OLA	2	1
ST VERONICA	2	0
ST CATHERINE	1	1
ST MATTHEW-BLUE	1	1
ST DUNSTAN	0	3
ST ROBERT	0	2

Baseball North Standings

Standings current as of Tuesday, September 22.

<u>VARSITY NORTH</u>	<u>W</u>	<u>L</u>	<u>T</u>
ST. VERONICAS	2	1	0
ST. ROBERTS	1	0	0
OLA	1	0	0
ALL SOULS	1	0	0
ST. DUNSTANS	1	1	0
ST. CATHERINES	0	1	0
ST. TIIMS	0	2	0

<u>JUNIOR VARSITY COMBO</u>			
ST. GREGS	2	0	0
ST. VERONICAS	1	0	1
ST. ROBERTS	1	0	1
OLA	1	0	0
ST. MATTS	1	1	0
ST. CHARLES	1	2	0
IHM	1	2	0
ST. DUNSTAN	0	1	0
MT. CARMEL	0	2	0

<u>EAGLES NORTH</u>			
ST TIMS	2	0	0
ST ROBERTS	1	0	0
ALL SOULS	1	0	0
ST CATHERINES	1	1	0
OLA	1	1	0
ST VERONICAS	0	2	0
ST DUNSTAN	0	2	0

<u>CUBS NORTH</u>			
ST GREGS	2	0	0
OLA	2	0	0
ST VERONICAS	1	1	0
ST MATTS	1	1	0
ST DUNSTAN	1	1	0
ST TIMS	0	1	0
ST ROBERTS	0	1	0
ALL SOULS	0	2	0