

Knights Capture 3rd Place!

At the 54th Annual Spirit Festival, the St. Dunstan track team took home a bucket of hardware. The team finished in third place overall behind St. Matthews and St. Raymonds. Our 6th grade boys, 8th girls and 8th grade boys each garnered the second-place plaques. Sabrina M had the outstanding performance of the meet with a new school and PPSL league record in the 8G shot put with a monster throw of 40' 4".

While the meet was conducted in oppressive heat, nearly all of our determined runners ran their best times of the season. We captured three individual championships with Sabrina M in the 8G shot put, Emit W in the 8B 200 and our great 6B 4 x 400 relay team of Arum G, Danico P, Arie P and David O. John M took home a 2nd place in the 7B high jump and set a new St. Dunstan school record of 5' 1". Another school record was set by Sami C in the 8G 800.

Other fine performances were turned in by Rachel G with 3 runner-ups in the 8G 4x400, 8G HJ, and 8G LJ, Eric W in the 6B HJ, Sabina M in the 7G SP, Matt J in the 8B SP, Teresa C, Maggie S and Andrea F in the 8G 4x400, and Andrea F again in the 8G 200.

All of our distance runners including Matt F, Eoin C, Chase G, Bobby T, Miya S, Kaitlin H, Caitlin D, Lydia H and Jackie W are to be admired for their performances and determination. It was a very hot day and these fine youngsters did a great job.

I personally want to thank all the parents who graciously shared their food and drinks with not only myself but others associated with the team. I believe my Cajun/Italian ancestry has been diluted by the Filipino, Armenian and Malaysian food. The food was absolutely delicious!

I also want to thank those members of the school faculty and church community who came to the meet and supported our athletes. It was a great end to the Spirit week. I was particularly proud to see a few of our 5th graders and their parents in attendance – they are our future.

I believe we had a good season. I am fortunate to have MaryAnn Anderegg and Lori London as my co-head coaches. These two are tremendous assets to the school and team. I was also very fortunate to have Dave McLaughlin, Ray Jackson and Steve Mendoza assisting us. They too, are invaluable to our track teams continued success. To them, a heartfelt thanks.

Next year we will be stronger, wiser and faster. See everyone at the awards ceremony on May 27th.

Your Coaches